

Protects women with a family history of T2D

n=220	Ino group	Control	P value
Fasting Glucose (mg/dl)	77.0 ± 6.7	80.5 ± 8.0	0.001
1 Hour Glucose (mg/dl)	123.0 ± 30.6	133.0 ± 30.6	0.02
Birth Weight (g)	3,111 ± 447	3,273 ± 504	0.018
Macrosomia (>4000g)	0/99	7/98	0.007
Incidence of DM	6/99	15/98	0.04

n=220	Ino Group	Control	P value
GDM Incidence	11.60%	27.40%	0.004

Prevents GDM in women with a BMI of 25-30

Prevents GDM in women with a BMI of >30

n=220	Ino Group	Control	P value
HOMA-IR reduction	-1.0±3.1	+0.1±1.8	0.048
Incidence of GDM	14.0%	33.6%	0.001